

Mature staff members are better able to support a productive and value driven organization culture, they foster innovation and enable every individual to contribute in an optimal way.

# BUSINESSES THRIVE WHEN PEOPLE FLOURISH

### Gert Braeken

Phone: +32 475.936.239 Mail: gert.braeken@gbna.be

Anna Noppen

Phone: +32 475.557.579

Mail: anna@embodiedchange.eu

Dorian van der Kooij

Phone: +31 6.537.414.70

Mail: dorian@embodiedchange.eu





# **STRATEGY**

Making staff members in organizations more mature, by raising their self-understanding on different levels and teaching them a number of crucial skills that require both practical steps and a solid dose of courage.



# VISION

Work environments are becoming more challenging for staff members for a variety of reasons, which makes it difficult for them to continuously find their own path in the organization.

Values play a crucial role in the well-being topic: when things go wrong, in the vast majority of cases people are not respected in their values and they lack skills to stand up for their values.

A better self-understanding of their own temperament can help staff members to use their drives and motives in a focused way.

# STEP 1

### **WORKSHOP: TRAIN MANAGEMENT**

- A mature and value-driven people management is crucial to create a safe, sustainable and productive professional environment.
- Diverse teams are better able to achieve complex short and long-term goals. How to manage these complementary personalities and build productive teams? Use values as a compass to manage and coach staff members.

Project driven, firefighters **vs**Strategic, conceptually driven

People-oriented vs
Business driven

Risk averse **vs**Opportunity-driven

Conscientious expert vs Vs Overarching generalist

# STEP 2

### TRAIN STAFF MEMBERS

- Train self-awareness about their temperament and their personal values.
- Stimulating their maturity enables staff members to better adopt an independent position, to add more value to the team.
- Developing skills to realize this ambition, learning to powerfully express what does and does not align with their expectations and values, without losing the connection with their colleagues.

# ROI

Staff members gain maturity, which increases the effectiveness of their collaboration and which enables them to better manage their own stress levels more actively.